

Report for the proposal of Opening up CPA as an option available to PG students

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This document is to support the agenda item
"Introduction of CPA for PG Students"

Considering the demand of PG students of IIT Kanpur to provide them with sufficient sport facilities, online and offline surveys were taken to gather the view and requests of a large number of PG students. People came out in a large number to show up their positive consent on this issue. It is very clear to understand that students are willing to play and get into a healthy lifestyle. A certain modifications in the rules for CPA can enable a good participation of PG students, which will overcome their difficulty in playing. From the surveys and talking to students and CPA instructors, the following report has been prepared along with proposals, for consideration.

Introduction:

All work and no play make Jack a dull boy. Sports are inseparable from academics which will go in a long way towards better life. Sound mind resides in sound body. And that is a key for good boost up in academics and research. Sports are essential for a pleasant mind. PG students would like to play regularly. Some of them are so much demanding and enthusiastic that they even say to make it compulsory. Everyone, whose review has been taken, says at least the CPA shall be made as an option available to them. They agree well that if they don't have to spend extra time on gathering infrastructure (people to play with, trainers, equipments, arena), they are left out with sufficient time to play.

Problems and solutions:

- **P:** Many of them know that they are lazy but want to play, but some inaccessibility to them encourages their laziness.
S: If CPA is available to them, they believe that they will feel sports accessible to them and they will hang out on the grounds to play.
- **P:** Few students do not have enough time. They feel that sports with proper training are not easily accessible to them. If they have to struggle for bringing up sports in their lifestyle, they have to spend more time in achieving that.
S: If CPA is made available, they can save a lot of time in doing that, and can devote some time to play.
- **P:** Those who manage to play somehow, play in small groups and small places.
S: Playing fully fledged with all facilities is their right as being a registered student of IIT Kanpur.
- **P:** Students want to play but they don't have proper team or group to play and this hurdle hampers their mood to play.

- S:** By allowing them in CPA, they will have a team to play among.
- **P:** Many students have told that they feel guilty of wasting time which they get spare after their academics, research, movies, social networking, etc.
S: They want to utilize this time in playing and they need a minimum required infrastructure, in terms of a group, training, etc.
- **P:** Students are concerned about their fitness and they deem that being a regular player of some sport will keep them fit.
S: Regular games will help to lower the stress level.
- **P:** PGs don't have enough participation in Gymkhana activities that makes them to be fed up of their curriculum.
S: They believe that sports, if available, will keep them going with their curriculum as well.
- **P:** Even if students go to play, they don't have someone to tell how to make their game better.
S: This can be enabled by allowing them in CPA so that they get good instructors.
- **P:** Since there are no streamlined sports for PG, they keep on jumping from one sport to another and ending up in nothing.
S: Proper instruction in a particular sport of their choice and availability of a team will keep them streamlined.
- **P:** Few students have mentioned that when they tried to attend a summer camp, they were asked to attend a test and they found it to be biased.
S: If we keep CPA open for PG, they will be an integrated part of the sport activities.
- **P:** Few students have mentioned that PG students have been in deep depression because of difficulty in accessing a sport group and instructional facilities when they join here.
S: Group gaming will help in reducing such problems to a great extent. Therefore, CPA shall be available for PG students as well.
- **P:** PG students join the institute after spending a big amount of time in studying and preparing for exams like GATE, CAT, CEED, CSIR-NET, and interviews, etc., and they many have virtually forgotten about the status of their health.
S: To get them back to their healthy state and get out of monotonous realm of studies that they have carried out in recent past of their joining in the institute, they shall be encouraged to play and availability of CPA is a very good platform for them.

Few other requirements of students:

- Few students have lot of spare time and they are readily willing to enrol for sports activities in the sport of their interest.
- Students have a passion in particular sport, and they need proper guidance and training for that particular sport.
- They required concerned person for sports relevant counselling, which they deem instructors to be the best fit.
- Few people are not exposed to sports. They expect that IIT K will assist them in getting out to sports. I have in fact received a review from one guy, that he joined IITK, keeping aside other IITs for this particular reason, that facilities are far better than other places.

- With introduction of CPA to PG students, they expect that the divide between UGs and PGs will reduce and it will result in intermingling for a better campus.

Proposals:

- PG students shall have right to join any of the sport activities that are being carried out under CPA. He / she shall be eligible to learn and play a particular sport along with UG students during CPA hours.
- The PG student on his choice shall be waived from any curriculum requirement of the sport. It shall not be compulsory for him / her to pass a particular sport assessment satisfactorily. It can be his / her choice to opt for grading to evaluate himself / herself, but that grade shall not be a part of the curriculum and shall not be reflected in transcript. This is to rectify any capability issue, as PG students are of various age groups, and they have different workloads and schedules.
- The PG student shall be well guided by the instructor and shall be taught a particular sport.
- The PG student shall be eligible for nomination into the institute team for the particular sport he / she is enrolled in.
- A PG student shall be eligible to work with NCC and NSS.