

Games & Sports Council
Mid-Term Report



MID-TERM REPORT
GAMES & SPORTS COUNCIL
Students' Gymkhana
Indian Institute of Technology, Kanpur

Submitted by-
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Vision:

The efforts of the council are directed to ensure that each and every person has sufficient avenues to indulge himself/herself in sporting activities on the campus & that they enjoy the game irrespective of the fact whether he/she is a part of the institute team or not. An atmosphere where playing in the evening is an integral part of each person's schedule.

The diverse activities organized during the semesters aimed at broadening the outreach of 'sporting activities' among various segments of campus community. The Council members believe that the unique activities introduced will bear great value addition and connect with many who have yet stayed away from pre-existing sporting activities.

Inter IIT is matter of Pride to each and every IIT. By successfully defending Inter IIT Championship for the past 2 years this year with much more efforts and expectation hoping for a Hatrick.

Activities conducted by the Games and Sports Council:

Sangram:

Our contingent of 115 members participated in IIT Roorke's sports fest on 27th to 29th march 2015. This Outdoor trip helped in knowing the potential of our new contingent.

Here are the results of Sangram'15

Athletics (Boys): Gold (8 Gold, 1 Silver,4 Bronze)

Best Athlete: Akshat Verma

Athletics (Girls): 1 Gold, 1 Bronze (Priya Yadav)

Badminton: Gold

Cricket: Bronze

Football: Bronze

Tennis: Bronze

TT: Gold

Volleyball: Silver

Weightlifting: Bronze (2 Gold,4 Silver, 2 Bronze)

Best Powerlifter: Arjun Ram

For individual results of Athletics and Weightlifting

<https://docs.google.com/.../1T8yTCWPGhfiooOwAwEITjXmBuyB.../edit>

Summer Camp:

[4th may - 7th June]

Summer Camp Trials was given by around 410 students out of which 230 students were selected. For the first time summer camp is also conducted for Skating and Taekwondo club along with the Institute sports teams. A Reimbursement of 2200 rupees along with Certificate of appreciation was given to 104 students who have satisfied the minimum attendance criteria and showed sincerity and dedication throughout the summer camp.

The Council would like to thank Mr. Shubham Bothra for his Dedication and time in making the Summer Camp successful.

PE Orientation:

[25th July]

A PE orientation is conducted to all the Y15 freshers (UG & PG) by PE section and Council. It involved a brief introduction of sports in campus, PE and CPA sessions, sports facilities and opportunities, CPA form filling instructions and introducing coaches and captains.

We would like to thank Mrs. Anjani Dubey ma'am for Hosting and organizing the event.

Photo frames Installation:

Council has installed Photo frames of Inter IIT teams in the respective sports venues with the vision that it would improve awareness about the IITK sports history in students by rich tradition of sports. A source of inspiration and remembrance of responsibility for the contingent as the pictures of alumni shall inspire the current teams. Creating a sense of nostalgia for our visiting alumni.

Equipment in sports venues:

IITK is the only IIT which provides free issue of equipment but in the recent years it has been observed that people are taking the equipment for granted and not paying much attention in good maintenance of equipment resulting unavailability due to damage of equipment. To improve the availability and to minimize the loss, council has designed a new set of rules and regulations and streamline the equipment issuing process.

Here attached the new equipment issue process:

<https://docs.google.com/document/d/13YK-sYktZZFxHjID-Qrbd7hX7dpUMCjzWmeiDidkCYQ/edit?usp=sharing>

Freshers Inferno:

[13th -16th Aug]

Fresher's inferno was held from the 13th to 16th of August. For the first time a separate pool for girls is formed and there has been active participation from Veeras. Athletics 10*400m relay , Skating events, Card and Board games were organized for the 1st time in Fresher's Inferno and were a big success. Poster making competition saw huge enthusiastic response with each pool registering almost 1000 likes on their poster. The final results are as follows:

- 1st- Mughals
- 2nd- Marathas
- 3rd- Mauryans
- 4th – Rajputs
- 5th- Veeras

The council would like to thank the coordinators Nicku Nitish, Gaurav Singh, Vivek Dubey for smooth conduction of the event.

Aqua Buddies:

[30th Aug]

Council has Organised Swimming and water polo events for girls and boys (UG and PG students). We have seen huge response from students especially PG students. Goodies and prizes are distributed for winners.

Here are the results of Aquabuddies: <https://goo.gl/z09TVB>

Duathlon:

[20th Aug]

Around 200 people participated in the race & almost all of them managed to complete the race. The race involved one loop of running & 2 loops of cycling, each loop having a size 5kms and total 15kms race. For the first time, to encourage fresher participation separate category is formed for freshers and goodies and prizes were distributed for top 5 winners in freshers women's and men's category

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Council thanks the Udghosh Team for their help in conduction of the event & for distributing goodies & certificates to the winners & participants

Archery Workshop:

[10th-11th oct]

Workshop was conducted by National level Archery Players on 10th and 11th of October. Around 60 Members actively participated in the workshop. Council is looking forward to conduct regular workshops and start preparing our students for District and state level archery competitions.

The Council would like to thank Mr. Sandeep Jha for Successfully conducting the workshop.





Adventure Club:

VISION:

The aim of the activities of our club is to increase the participation of people in various activities like trekking, cycling, climbing etc. We want our IITK junta to establish a closer relation to the nature. We want to let them feel the peaceful and adventurous environment of the places where it is difficult to reach.

ACTIVITIES:

Conditioning Camp: In this session we have organized two physical conditioning camps for trekkers- First for summer 2015 trek and second for 2015-16 Ist semester midsem recess trek

We have completed following treks in 2015-16 session:-

2015 Summer Treks

1. Trek to Pin Parvati Pass: The stunning dazzle view of The Pin Parvati Pass (100 km stalk) is full of adventure and thrills. It is a risky and difficult pass because of high altitude, lengthy crossing area away from surroundings and heavy snow fall. a team of 11 members (10 boys & 1 girl) completed the trek.
2. Trek to Sarpass: It was a moderate level trek, successfully completed by 7 boys and 4 girls

2015-16 Ist semester midsem recess treks

1. Trek to Lamkhaga Pass: One of the hardest trek of Himalaya. We had a team of 9 boys, who tried to reach a summit of 6000m but due to bad weather they had to shorten their trip.
2. Trek to Rupin Pass: easy trek, successfully completed by 15 boys and 5 girls
3. Trek to Nandikund Pass: moderate trek, successfully completed by 10 boys and 4 girls.

Duathlon 2015- A cross country of 5 kms followed by cycling of 10 kms was organized by the Adventure Sports Club with the help of IITK Alumni Association.

Wall climbing workshops: The New Sac climbing wall is extensively used for amateur climbing during the evening by the campus junta. Weekly Practice sessions were conducted by Instructor Mr.Sambourg.

Instructor is working hard to build an Institute team to represent in IIT Kanpur in different level of Competition.

FUTURE ACTIVITIES:

Mountain Biking trip in March 2016: A seven day biking trip to a biking trek. Place will be decided later.

II sem midsem recess treks: 3 different treks at 3 different places will be organized in March 2016.



SKATING CLUB

VISION:

The club aims to promote skating as a sport and a hobby in the campus by providing skating opportunities to the campus residents. In addition to that, the club also works for enhancing activities related to the sport such as Roller Hockey, Skate-a-thon etc.

ACTIVITIES:

Summer Workshop:

- A one month-workshop for skating and roller hockey was organised from 3rd June to 2nd July.
- A professional coach was hired for the workshop. The coach was experienced and had previously worked with a number of institutions in Kanpur.
- More than ninety students filled the registration form, though only around forty completed the registration.

Workshops in the current semester:

- Skating workshops were organised for the students on weekends (friday-saturday-sunday) in the first three weeks with two slots per day.
- The first week workshops were only for freshers. The subsequent workshops were open to all.

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- Around 25 students turned out in every slot. There were some cases where number of students touched 40. But due to the limited number of skates and to prevent overcrowding in the skating rink, rest of the students were shifted to next slot.
- In addition to skating, Roller Hockey workshops were organized on Saturday-Sunday in second and third week. These workshops were mainly aimed towards the advanced skaters.

Skate-a-thon:

- A 5 km skating marathon was organised on 26th September (Saturday) in the morning.
- Around 25 students registered for the Skate-a-thon. However only around 10 actually appeared in the morning for the marathon.

FUTURE PLANS:

Skating in Inter-IIT:

- We are making efforts to make roller hockey and speed skating a part of Inter-IIT Events. Efforts were made in this regard and the proposals for the same were sent for the board meeting last year as well as this year, though they could not succeed.

Skating in Udghosh:

- Unfortunately due to some reasons skating events in Udghosh were cancelled this year, although skating was a part of it last year and it ended really well.
- The main reason is that it gives us an opportunity to play with other teams along with an exposure to increase our abilities in the game and overcome the deficiencies.

Next Semester plans:

- More workshops: So that every student can get a chance to try skating.
- Skate-a-thon: Sometime in the first week of March. We will try harder this time to get more participation from campus junta.
- Participate in AMU Roller Hockey Tournament: Almost all the major roller hockey teams from north india participate in it. It is sometime around the mid-semester break in the month of March.

CHESS CLUB

VISION

The club envisions developing a culture where the students enjoy chess as a past time even in their wings. The enticing game has a lot in store if explored the right way.

ACTIVITIES

Online Puzzle Tournament

- This event was conducted in previous semester.
- This was a new event introduced this year, there were plans previously but event was conducted successfully this time.
- A Facebook event was created where all the puzzles were posted. Puzzles were posted in certain intervals ranging from very easy to the difficult ones.
- The participants were supposed to answer the puzzles to the page Admin and the case of using Engines for solving the puzzles was also propely checked by the admin.
- This 24 hour online event was a fun event, where around 50 participants solved the puzzles anytime they wanted. And top 5 were given prizes.

Chess Fresher's Tournament

- This was conducted for all the freshers (about 80 freshers participated) so that freshers get to know about the Club and also to get the best fresher's team for Udghosh IITK team.
- The top five of the tournament were given prizes and hence proper practice preparation sessions by seniors for a week for Udghosh.

Summer Sessions by Professional Coach

- A professional Chess Coach was called for a Chess Workshop during the summers.
- This 7 days workshop was successfully conducted with around 50 students participating.
- And workshop also aimed to develop the game of regular Club players (3 students) who got an International FIDE Rating after they participated in Rated Tournament (Nagpur) organized by Maharashtra Chess Federation.

Udghosh Chess Team selection

- We organized a swiss pattern tournament for about 25 participants(10 from the Fresher's tournament and 15 from the previous year's team and other Club members)
- Out of these, 10 were selected to play in Udghosh.

Pre-Udghosh practice session

- A rigorous 4 days practice session was organized which included analyzing games, openings and end games.
- Playing sessions were organized to practice for long games on clock for Udghosh
- This session was organized for the selected 10 team members.

The Knights Mayhem

- A totally fun event which consisted of other Chess variants, organized this semester, just before the mid-sem break

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- This event was conducted in 4 days, 4 parts. Anti-Chess, Blitz Chess, Supply Chess and Blind fold Chess
- The maximum participation (100) was observed than any other event.
- Due to less time the 4th part of event (Blind fold Chess) was not able to complete and hence prizes (Top 2 each) for other 3 parts were only given.

Inter IIT Selection Tournament

- This is the first Classic Game Tournament for whole Campus of this semester and is currently going on.
- This tournament is organized on 2 levels. First level was the selection of students in a 5 round Swiss league basis. And then, winners (top 5) from this will compete with Udghosh team (10 participants) and regular Club members.
- The first level is completed and 17 players are competing in the second and final level (currently going on) of Tournament for the 4 positions of Inter IIT Team.

FUTURE PLANS

Professional coaching for Inter IIT players

- There is a plan for a Professional coaching for Inter IIT players during the camp of other Inter IIT Teams after the end-sems exams.
- The 4 selected players will be given this coaching.

Campus Rating System

- A local Campus Rating to be started by using a Programme which is being developing by the students itself.

Kanpur Inter college Tournament

- A tournament in collaboration with Kanpur Chess Association.

TAE-KWON-DO CLUB

VISION:-

The aim of TKD club is to develop and continually maintain a well-rounded planned series of future events and provide the finest quality in martial art in family-oriented environment to show their skills beyond the classroom.

Our main focus is to provide a best physical fitness, competitive atmosphere to absorb as a sport and, self-defence specific skill which may come handy at the time of trouble.

Activities conducted:-

1. Taekwondo summer camp

This was two month camp in which we mainly focused on the various self-defence techniques and emphasized all aspects of the martial art.

Total number of registration was 31.

2. Demonstration during orientation program for new UG and PG students

During the orientation program of Y15 Batch for UG students a demonstration was given by Taekwondo club. The demonstration was appreciated by the new students.

3. Regular taekwondo class for 1st Semester

Newly scheduled practice classes were held throughout the semester. Each practice class included warm up exercises to develop flexibility, fitness and body strength, followed by the traditional taekwondo practice session to improve the martial art skills

4. Demonstration on the occasion of Independence Day

Demonstration includes the basics stances, attack and defence techniques along with the demonstration of some board breaking and nunchucku techniques.

5. Belt promotion test

In this semester **one** belt promotion test was organized on August 30th, 2015 in which around 50 participants have been promoted to the next colour belt.

6. Self-defense workshop

A self defense workshop has been organised for 10 days during 5th October to 14th October. We were happy to see the response from the student community. Total number of registration for self-defense workshop was 37.

Activities planned:-

1. Participation in state and national Poomsae competition

Total 2 students were participated in state poomsae competition held in Aligarh (Uttar pradesh) on 17th October. Based on the performance in state competition, we aimed to go for national poomsae to be held at Visakhapatnam (Andhra Pradesh) on 25th October.

2. Winter camp

One month winter camp will be organised in December month

3. Regular taekwondo class for 2nd semester

4. Demonstration on 26th January, 2016

5. Belt promotion test

We are planning to organise 2-3 belt promotion tests in December, February and April month.

6. Self defence workshop

After a cheerful response from IIT junta, we are planning to conduct another self defence workshop in winter season. Along with the basic self defence techniques we will teach the basic techniques of some weapons like nunchucku, sticks etc

7. Poomsae state Taekwondo championship at IITK

After participating we will have the basic ideas of the rules and format of the state poomase competitions. we are planning to

organize Poomase state Taekwondo Championship in our campus in the month of February

SHOOTING CLUB:

The club has stabilized its activities by regularly conducting workshops on the weekend. Totally 6 workshops have been conducted in which we have more than 200 registrations.

Regular Practice Sessions:

Around 9 students were selected from the workshops conducted for their dedication and hard work on the basis of their performance. They were sent to regular practice sessions to create skilled shooters from campus and also to form Institute Shooting Team from those that can represent institute in various competitions.

District Meet:

IIT Kanpur stood as the Overall Champions in the meet with
Saumya (Senior Women) - Gold
Suchimita - Silver
Manpreet (Senior Men) - Silver
Utkarsh- Bronze

U.P State Meet:

6 Students were shortlisted for participating in U.P state meet to represent IIT Kanpur in Delhi. Overall performance of the students is remarkable hope to see better performance in the next years meet.

The effort, dedication and enthusiasm of Anil Kumar is truly commendable and is appreciated by the council.

Boxing Hobby group

Practice and Workshop Sessions: 11

Orientation workshops of PG students: 2

Outcome:

Total: 45

PG orientation: 21

Problems Faced:

Shelter:

Workshops and practice sessions were organised in open and bags were to be brought out of the store and hanged.

Workshop organiser has to bring two to three 40kgs heavy bags outside and hang them 8 feet above the ground, which needed at least two or more people.

Climate:

Most of the days it was raining this monsoon session, and boxing practices are done on open ground which got muddy due to rain.

Most of the times boxing arena was muddy and had wet ground.

Improvements Required:

Shade/Hall/Arena: We urgently need a hall for boxing purposes.

We have equipments which are sufficient for 10-15 people, but at present we can only engage 3-4 people in same time.

CBG Hobby group

The group has gained a good popularity among the freshers. Each workshop sees as participation on an average 20-25 members. In open meetings of the group too, there are around 25-30 members with around 15-20 regular members and floating participation of around 10. The group now has a very active Facebook page, with over 100 members. While informal meets are held 2-3 times every week, we have had planned announced meets at least every alternate week.

Informal role-playing game session was organized multiple times among enthusiastic members of the group.

Fresher's workshop for 3 days: A workshop was organized for the Y15 people for 3 consecutive days. We had a nice turnout with nearly 15-20 Y15 people coming every day.

INTER IIT CONTINGENT

Initiatives:

Common kit and a t-shirt for entire contingent

A common kit and a T-shirt is designed for Inter IIT to entire contingent to bring a sense of unity.

Facebook group of probable Inter IIT contingent

Created a facebook group of probable Inter IIT contingent to be in touch with each of them directly, motivate them & ensure better interaction.

Dussehra Camp

Dussehra vacations are one of the most crucial times for team practices. Conducted a regular morning and evening practice session for the teams and for the first time most of the teams had properly utilised Outdoor practice session funds. For the students who are regular and sincere in the camp will be awarded with 1000 rupees with the consultation with Coaches and Captains.

Teachers' day celebration

Coaches were felicitated on the occasion of teacher's day in the presence of entire contingent and all the captains have shared few words about their coaches. Teachers' day coincident with 100 days to Inter IIT has served as a platform to boost the contingent for the mission Madras.

Player of the month

To recognize and encourage the budding talent from each team. Posters having pictures of "player of the month" from all teams were displayed in every hall and publicized through council Facebook page.

Sports Star

With an initiative to motivate and inspire the contingent and to acknowledge the remarkable contribution of Athletes, Sports star series is started. Posters of the Athletes, from every Inter IIT team, containing the credentials and their contribution to the IITK sports is designed and publicized through council page

Sports Alums Video

Initiative to motivate the contingent through a message from their team alums in a short video. One video was released prior to Aquatics meet to boost and convey best wishes for the meet by Aquatics alums.

Nutrition Drive

The entire contingent is being served fresh juices daily after practice session for nearly 40 days to Inter IIT. This would serve a purpose good health of contingent.

Attendance of Inter IIT probable students at practice

To keep a check at regularity, attendance is being taken for all the Inter IIT probable students at their practice venue by the respective captains.

Team Performances

The Boys and Girls Aquatics team and Water polo team stood 4th position in 51st Inter IIT Aquatics meet contributing a total of 6 points

Here are the final results of Aquatics meet:

<https://goo.gl/qSRm2y>

Notable performances were seen by S. Poonkundan, Anil Rulaniya, Harshita Varshney, Anil Bisla.

Udghosh Results

The detailed Udghosh results of the contingent can be found on the following link: <https://goo.gl/jVjXgM>

Next Semester Plans:

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Here is what all you can expect coming up from the council

- Horse Riding Workshop, Mini Golf Workshop
- Pool Tournament, Football League, Phatta league
- Josh'16 with more number of events and continuing the saturday masti event with more fun events.
- Main Inferno
- PG sports league

Administration (Long Term Plans)

1) Basketball court, Tennis courts, T.T, Squash, Badminton Courts Resurfacing proposal was accepted by IWD work will be started by next summers

2) Construction of Store room in main stadium, Dressing room at ACES ground need to be done by March 2016

3) Construction of a new Weightlifting room proposal is accepted by the DOIP and IWD it is pending because of funding issues.

4) Proposals for full time gym instructors, extension of timings for sports facilities will be re-submitted with necessary changes.

5) Captains Honour board in respective sports venue

