



Students' Senate (2022-23)
Indian Institute of Technology, Kanpur



Proposal for the
Post of Managers in Community Welfare Cell

Proposed by:

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Vision

Community Welfare Cell, through its five wings has worked in the field of social work since its formation. But the journey is not over yet. Our vision is not confined to our five wings. We have got many issues that need to be talked about. We can't go on making wings for all those prevailing issues. Hence, a team of managers and their secretaries is the need of the hour that can take up many issues like **sex education, consumer awareness, cybersecurity**, etc.

Currently, the Community Welfare Cell is working on **Sex Education** in the campus.

Its vision is as follows:

Sexual well-being forms a significant component of one's life. Usually, this topic is treated as taboo and thought to be only limited to a person's sex life. But, it constitutes much more. It takes the medical, emotional as well as societal aspects under its umbrella. Many people are not even aware enough to take proper care of their reproductive health, take adequate measures to deal with emotional turmoils that accompany sexual activity, and have their own rights and laws which would prevent them from getting unduly exploited. The initiation of the Sex Education in the Community Welfare Cell is a step in the right direction for the campus junta to be more aware of their sexual well-being in a more holistic sense.

Its mission:

1. Create a forum for active and non-judgemental discussion about the issue people have faced regarding their own sexual well-being.
2. To bust the common myths, beliefs and taboos surrounding this topic and to promote acceptance of and discussions on this topic in the campus community.
3. To promote a sex-positive culture, where one is not judged or shamed for their choices and preferences.
4. Discussion on articles, op-eds and books on one's sexual identity and well-being
5. Make people more aware of their affirmations, rights and laws to prevent them from being harassed or exploited and to help them if they have suffered this negative experience.
6. Create awareness about proper sexual and reproductive practices like the usage of contraceptions etc., and their effects on their body, for example, the side effects of contraceptive pills on the female hormonal system if not taken correctly..
7. Conduct professional sessions with doctors about the general practices one should follow to prevent STDs, how to properly conduct self-examination for breast cancer and many other topics as such.
8. Create awareness among female workers and students about proper nutrition in women and healthy menstrual and sanitation practices.
9. Prepare a repository to be the one-stop source for the campus junta for everything related to one's sexual well-being.

Plans/Work

1. The team would create a website that would have the required information on the medical, emotional, societal and legal aspects of sexual well-being, i.e. it would be the repository that we mentioned in our mission statements.
2. Community Welfare Cell social media handles will be used to conduct surveys, quizzes etc., to gauge the understanding of the campus community.
3. Sessions and seminars with prominent Gynaecologists, therapists and other specialists to address the common issues and health concerns in the community.
4. Collaboration with the other clubs.
5. Conduct a menstrual health session for the female workers in the campus.
6. Conduct a workshop for kids in campus school on “Good and Bad Touch” and other related content.
7. Create Hall-level self-help sessions and discussions on sexual well-being

Timeline

1. **February**
 - a. Release of an introductory video, which would contain the interviews of the campus junta on Sex Ed
 - b. Menstrual health session for female workers and students
2. **March**
 - a. A session with a Gynaecologist about Breast Cancer
 - b. Workshop for kids on “good and bad touch.”
3. **April**
 - a. One collaboration event
 - b. Creation of hall-level discussion group
4. **May**
 - a. Talk by a therapist on the psychological aspect of sexual well-being
 - b. Preparation for the release of the semi-annual e-magazine covering topics related to Sex Ed
5. **June**
 - a. Release of the e-magazine
 - b. Talk by a Sex Ed activist
6. **July**
 - a. Taking up cybersecurity as the new topic (Discussion and direction will be discussed earlier and a full fledged plan will be formulated)
 - b. Sex education will be continued parallelly

Team Structure

1. **3 Managers** - To decide the future course of actions and to overlook the activities taken up
 2. **12 - 15 Secretaries will be divided into the following sub-teams:**
 - a. **Outreach** - It will handle the task of reaching out to people outside the campus community and setting up talks, sessions and workshops.
 - b. **Public Relations and Events** - It will handle the tasks of organising events for the campus and will be responsible for carrying out discussions and discourse sessions among the campus junta.
 - c. **Media and Publicity** - It will handle the social media handles of the Cell and will update its website. They will also work on articles and essays published on the website and the e-magazine.
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